





















Sunday Angela/Patrick AM	Monday Norman	Tuesday Angela/Deidre	Wednesday Rafi/Olivia AM/Deidre PM	Thursday Olivia/Patrick	Friday Lauren	Saturday Lauren
<p>THERAPEUTIC RECREATION DEPARTMENT DIRECTOR: SHARI LEVENTHAL OLIVIA BALBONI ARIELLE EDELHEIT NORMAN GLANZMAN PATRICK HASLETT DEIRDRE MAYNARD RAFI ROSENTHAL LAUREN RUSSO ANGELA SANDY ELLEN WYAN</p>	 <p>Weather Permitting Wednesdays We Will Have Outdoor BBQ'S For Lunch. Each Floor Will Rotate A Turn Every Wednesday.</p>	<p>1</p> <p>9:30 Welcome The Day! 10:00 Stretch & Move 10:30 Refreshments & Music 11:00 Famous Faces 1:30 Music TX W/Olivia HorseAbility 2:00 Art Studio 3:00 Refreshments & Social 4:00 Sing-A-Long</p>	<p>2</p> <p>9:30 Let's Get Moving! 10:00 Holy Communion Jewish Culture 10:30 Refreshments & Music 11:00 Name Ten 2:00 Harbor House Gala W/Albert 3:00 Gala Treats 4:00 A-Z Trivia</p>	 <p>3</p> <p>9:30 Welcome The Day! 10:00 Chair Yoga 10:30 Refreshments & Music 11:00 Int'l Clown Week History, Trivia & Jokes Trip To The Movies 2:00 Clown Craft 3:00 Watermelon Social 4:00 Music Appreciation</p>	 <p>4</p> <p>9:30 Welcome The Day! 10:00 Sittercise 10:30 Refreshments & Music 11:00 Shabbat Service Finish The Line 1:30 Music TX W/Olivia 2:00 BINGO 3:00 Chocolate Chip Cookie Social 4:00 Sing -A-Long</p>	<p>5</p> <p>9:30 Welcome The Day! 10:00 Chair Zumba 10:30 Refreshments & Music 11:00 Tribute to Neil Armstrong 2:00 Crafty Corner 3:00 Refreshments & Social 4:00 Lauren's Singing & Dance Party</p> 
<p>6</p> <p>9:30 Mass at St. Dominic's Welcome The Day! 10:00 Refreshments & Music 10:30 Movin' & Groovin' W/Lanie 2:00 Game Time 3:00 Refreshments & Music 4:00 Tribute To Lucille Ball</p> 	<p>7</p> <p>9:30 Welcome The Day! 10:00 Let's Exercise 10:30 Refreshments & Music 11:00 Holy Rosary Book Club 2:00 Table Activities 3:00 Happy Birthday Gloria 4:00 Singing with Norman</p> 	<p>8</p> <p>9:30 Welcome The Day! 10:00 Stretch & Move 10:30 Refreshments & Music 11:00 Sweet Memories 1:30 Music TX W/Olivia HorseAbility 2:00 Art Studio 3:00 Ice Cream Social 4:00 Sing-A-Long</p>	 <p>9</p> <p>9:30 Let's Get Moving! 10:00 Holy Communion Jewish Culture 10:30 Refreshments & Music 11:00 Olympic Trivia & History 2:00 Gary Morris Live 3:00 Refreshments & Social 4:00 A-Z Trivia</p>	<p>10</p> <p>9:30 Welcome The Day! 10:00 Move To The Beat/ Parachute 10:00 Lunch Trip—Chinese Food 10:30 Refreshments & Music 11:00 Hangman 2:00 Seahorse Craft With Shari 3:00 Refreshments & Social 4:00 Music Fun</p>	<p>11</p> <p>9:30 Welcome The Day! 10:00 Sittercise 10:30 Refreshments & Music 11:00 Shabbat Service Word Games 1:30 Music TX W/Olivia 2:00 BINGO 3:00 Refreshments & Social 4:00 Sing-A-Long</p>	<p>12</p> <p>9:30 Welcome The Day! 10:00 Chair Yoga 10:30 Refreshments & Music 11:00 Mad Libs 2:00 Crafty Corner 3:00 Refreshments & Social 4:00 Lauren's Singing & Dance Party</p>
<p>13</p> <p>9:30 Mass at St. Dominic's Welcome The Day! 10:00 Morning Exercise 10:30 Refreshments & Music 11:00 Tribute To Annie Oakley 2:00 Game Time 3:00 Refreshments & Social 4:00 Country Sing-A-Long</p> 	<p>14</p> <p>9:30 Welcome The Day! 10:00 Let's Exercise 10:30 Refreshments & Music 11:00 Holy Rosary Let's Share Memories 2:00 Table Activities 3:00 Happy Birthday Nina 4:00 Singing With Norman 6:00 Norman's Night Club</p> 	<p>15</p> <p>9:30 Welcome The Day! 10:00 Stretch & Move 10:30 Trip To The Fish Hatchery Refreshments & Music 11:00 Famous Faces 1:30 Music TX W/Olivia 2:00 Art Studio 3:00 Happy Birthday Jack 4:00 Sing-A-Long</p> 	 <p>16</p> <p>9:30 Let's Get Moving! 10:00 Holy Communion Jewish Culture 10:30 Refreshments & Music 11:00 Joke Time! 2:00 Naomi Zeitlin Performs 3:00 Refreshments & Social 4:00 A-Z Trivia</p>	<p>17</p> <p>9:30 Welcome The Day! 10:00 Chair Yoga 10:30 Refreshments & Music 11:00 Tribute To Mae West 11:30 Lunch Trip— The Diner 2:00 Jewelry Making 3:00 Refreshments & Social 4:00 The Price Is Right</p> 	<p>18</p> <p>9:30 Welcome The Day 10:00 Sittercise 10:30 Refreshments & Music 11:00 Shabbat Service Finish The Line 1:30 Music TX W/Olivia 2:00 BINGO 3:00 Happy Birthday Lillian 4:00 Sing-A-Long</p> 	<p>19</p> <p>9:30 Welcome The Day! 10:00 Chair Zumba 10:30 Refreshments & Music 11:00 Word Fun 2:00 Crafty Corner 3:00 Refreshments & Social 4:00 Lauren's Singing & Dance Party</p>
<p>20</p> <p>9:30 Mass at St. Dominic's Welcome The Day! 10:00 Refreshments & Music 10:30 Movin' & Groovin' W/Lanie 2:00 Game Time 3:00 Happy Birthday Charles 4:00 Singing With Angela</p> 	 <p>21</p> <p>9:30 Welcome The Day! 10:00 Let's Exercise 10:30 Refreshments & Music 11:00 Holy Rosary Book Club 2:00 Pool Party & Tie Dye Fun 3:00 Ice Cream Sundae Social 4:00 Famous Seniors</p>	<p>22</p> <p>9:30 Welcome The Day! 10:00 Stretch & Move 10:30 Trip To White Post Farms Refreshments & Music 11:00 Sweet Memories 1:30 Music TX W/Olivia 2:00 Art Studio 3:00 Refreshments & Music 4:00 Tribute to Claude Debussy</p> 	<p>23</p> <p>9:30 Let's Get Moving! 10:00 Holy Communion Jewish Culture 10:30 Refreshments & Music 11:00 Categorize It 2:00 Entertainment With Jaques 3:00 Refreshments & Social 4:00 A-Z Trivia</p>	<p>24</p> <p>9:30 Welcome The Day! 10:00 Move To The Beat/ Refreshments & Music 11:00 Let's Reminisce 1:00 Scenic Ride/Ice Cream 2:00 Paint To The Music 3:00 Refreshments & Social 4:00 Music Fun</p>	<p>25</p> <p>9:30 Welcome The Day! 10:00 Sittercise 10:30 Refreshments & Music 11:00 Shabbat Service Word Games 1:30 Music TX W/Olivia 2:00 BINGO 3:00 Refreshments & Social 4:00 Tribute To Leonard Bernstein</p> 	 <p>26</p> <p>9:30 Welcome The Day! 10:00 Chair Yoga 10:30 Refreshments & Music 11:00 All About Dogs 2:00 Puppy Craft 3:00 Refreshments & Social 4:00 Lauren's Singing & Dance Party</p>
<p>27</p> <p>9:30 Mass at St. Dominic's Welcome The Day! 10:00 Morning Exercise 10:30 Refreshments & Music 11:00 Discussion Group 2:00 Game Time 3:00 Refreshments & Social 4:00 Singing With Angela</p>	<p>28</p> <p>9:30 Welcome The Day! 10:00 Let's Exercise 10:30 Refreshments & Music 11:00 Holy Rosary Let's Share Memories 2:00 Table Activities 3:00 Refreshments & Social 4:00 Singing With Norman 6:00 Norman's Night Club</p>	<p>29</p> <p>9:30 Welcome The Day! 10:00 Stretch & Move 10:30 Picnic At The Beach Refreshments & Social 11:00 Word Fun 1:30 Music TX W/Olivia 2:00 Art Studio 3:00 Refreshments & Social 4:00 Sing-A-Long</p>	<p>30</p> <p>9:30 Let's Get Moving! 10:00 Holy Communion Jewish Culture 10:30 Refreshments & Music 11:00 Resident Council It Starts With The Letter... 2:00 Birthday Bash W/Dave 3:00 Fresh Fruit Salad Social 4:00 A-Z Trivia</p>	<p>31</p> <p>9:30 Welcome The Day! 10:00 Chair Yoga 10:30 Refreshments & Music 11:00 Beach Ball Questions! 11:30 Lunch At The Olive Garden 2:00 Sorting & Folding 3:00 Refreshments & Social 4:00 Music Appreciation</p>	<p>Pet Therapy with North Shore Animal League *Wednesday weather permitting and pet availability</p> <p>Clown Therapy Every other Thursday at 1pm</p> <p>Music & Memory Available on a daily basis</p> <p>Strolling music with Vance once a month</p>	<p>Music Therapy with Joe Costanzo Every first & third Monday of the month</p> <p>Reflexology with Effie Every Monday & Wednesday</p> <p>Beauty Parlor Every Tuesday & Thursday</p> <p>*All Programs will take place in the common areas unless otherwise noted</p>